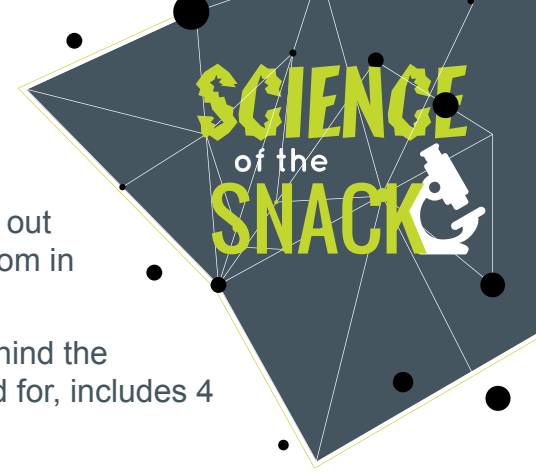


TRIGONOMETRY OF THE TRAINING ROOM

How to Create a Compelling Training Room for Powerful Team Building and Decision Making

The training room. It's where iconic ideas are hashed out and big decisions are made. It's the most powerful room in your office.

Creating a masterful training room is about understanding the math behind the design. Every great training room, no matter what industry it's designed for, includes 4 pivotal strategies.



FUNCTION

You can't design the perfect weapon until you know what you're up against. The same rule is applied to creating your perfect room. Consider the main purposes of any large scale company room:

- A brainstorming room
- A meeting room
- A training room
- A dual purpose room



DESIGN



For most companies tight on space with flexible needs, the best option is to create a dual purpose room. Color blocking can easily create separate functions to cater to multiple room needs. Choose paint based on color psychology to facilitate multiple uses for a single room.¹

- Orange is an energizing color that favors idea cultivation
- Yellow is seen as optimistic and cheerful
- Blue is trustworthy, strong, stable and calming
- Pink is seen as imaginative and sentimental
- Purple is seen as royal, classic, regal, and powerful
- Red is dynamic, direct, an aggressive color
- Brown is seen as rooted and stable.
- Gray is timeless and demure
- White is associated with purity
- Black is sobering and masculine

ACCESS

Every planning/meeting room should have someone who acts as a 'gate keeper' or master strategist, the key person who:

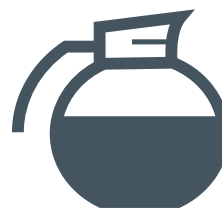
- Schedules meetings
- Organizes the structure of meetings
- Ensures supplies and equipment are in place
- Gathers attendees



CONTAINMENT

A contained room will limit both internal and external distraction. The room can be designed to limit external distractions by:

- Sound proofing the walls
- Creating exterior doors so non-attending team members aren't distracted
- Limit the need to leave the room for supplies and snacks



The perfect space for team building and decision making will be all-inclusive, complete with [working supplies](#), equipment, [Canteen coffee](#), [snacks](#), and drinks.

¹Psychology Today, "Color Psychology: How Colors Influence the Mind" (2014)