



CALCULUS OF THE KITCHEN

Pantry and Kitchen Basics to Keep Your Employees Energized Through the Day.

Even though more and more employers are opting to keep freebie snacks in the company kitchen, it's important that they know the right snacks to stock! Here's how you can be a great employer and offer a well-stocked kitchen that will give your employees the energy they need to get through the day *successfully*.



HOW TO STOCK YOUR OFFICE PANTRY

Regardless of their size, companies today are finding the added benefit of providing snacks and food to their employees. Whether they are offering a variety of food options through a [micro-market](#), [vending machine](#) or a [fully stocked pantry](#) – employers are always on the look-out for strategic ways to attract new employees and retain current team members.

Here are a few items to stock in your kitchen to provide extra energy and satisfy your employees:

Instant oatmeal

Whole grain crackers with Hummus

Peanut butter

Dried fruits and vegetables

THE TOP 6 ITEMS EVERY COMPANY KITCHEN NEEDS

MICROWAVE:

help employees save time and money by making it more convenient for them to eat in the breakroom. This leads to shorter breaks and increased attention spans when resuming their work.



ICE MAKER/DISPENSER:

if you have an older fridge that doesn't dispense ice, or if you have a larger number of employees than one in-fridge ice maker can accommodate, then it might make sense to take advantage of the [Canteen Ice Maker Rental Program](#).



TOASTER:

breakfast is the most important meal of the day, and often times, employees may skip eating breakfast at home to get into the office a bit earlier.



REFRIGERATOR:

it's a place to store lunches and snacks that employees have brought or that you have had catered for employees.



SINK OR DISHWASHER:

you need at least one of the two if not both. Not having either means forcing employees to take back dirty, odor-filled dishes to their desk.



COFFEE MAKER:

help maximize employee efficiency by reducing irritability and attention loss, while increasing motivation. [Canteen Refreshment Services](#) understands that a cup of coffee isn't just about having a drink; it's a "break in a cup."



Help your employees stay focused at work and keep their hunger at bay by providing them with the added benefit of snack options in your office.